Sidmouth College

Primley Road, Sidmouth, Devon EX10 9LG



Pastoral Support for young people and families



Tel: 01395 514823 Email: cclark@sidmouthcollege.devon.sch.uk Summer 2020

Pastoral Support for young people and families

Sidmouth College has a strong pastoral support team, including our Vice Principal, Heads of House, Inclusion Manager, Special Education Needs Director, School Counsellor, SEMH Learning Mentor, Behaviour Coordinator, and our Parent Support Advisor. This is on top of our teachers, support staff, Learning Mentors and strong Tutors.

College based support: Students and Parents

- Classroom based staff teachers and support staff 01395 514823
- Head of House
- Student Support staff
- Special Educational Needs Director, Cassy Beer, 01395 514823 ext 242
- Learning Mentors where appropriate in the classroom
- First Aid Staff
- School Counsellor via 01395 514823 ext 260
- Work Related Learning Co-ordinator
- PSHE Curriculum
- Peer Support
- Senior Leadership Team

For information about any of the above please contact Mrs Clark 01395 514823 ext 260

Attendance—if there is anything causing your child to miss school, please contact us so that we can support you and your child and resolve any issues. Poor attendance negatively affects achievement and social interactions. Our aim is for each student to achieve 97%. Whilst 90% sounds good, it is the equivalent of half a day off per week.

Early Help In Devon

Early help describes the range of support that can be offered in response to the emerging needs of children, young people and families.

Early Help is the name given to the way services work together, in a coordinated way, to support the young child, young person and their family.

If you have more questions or would like to speak to someone, you can contact the Early Help Coordination Centre on **01345 155 1071**

Support available from other agencies for Parents, Carers and Young People:

Balloons Bereavement Service (01392 826065)

Specialist bereavement service/counselling for children and young people.

Child and Adolescent Mental Health Service - CAMHS (01392 208600)

Child Protection issues – Social Services (03451 551071)

Qualified Social Workers assigned to families and young people, Family Support Workers.

Devon and Cornwall Police PCSO (Police Community Support Officer) (Call 101 and ask for Sidmouth PCSO)

Devon Children & Families Partnership

Wide range of help and advice whose aim is to make sure that children and families get the right support, in the right place at the right time. www.dcfp.org.uk

Devon EMTAS (Ethnic Minority & Traveller Achievement Service)

Supports children and young people from BAME and Traveller heritages, as well as those learning English as an additional language. (01392 287201)

Devon's Family Information Service for Devon (DISC) - (03451 551019) For Parent/Carers of 0-25 year olds.

Sid Valley Foodbank

07413 858335

Children & Family Health - Single point access (03300 245321) Referrals to children & family health.

Educational Welfare Officer - (01392 287223) or via the College

Sidmouth College Parent Support Advisor – Cara Shepherd (07495 540415) Wide ranging support for parents.

School Counsellor

Our counsellor is employed by Sidmouth College for two days a week. Her service is confidential unless there is a Child Protection issue. Access via Carole Clark, Inclusion Manager.

SPLITZ - Devon Domestic Abuse Service (01404 549045)

1:1 or group work for young people who have lived with, witnessed, or who are in danger of being in an abusive relationship.

HeadLight - Action East Devon - 07741 646 426

Headlight provides a friendly, non-clinical space for young people who are experiencing emotional and mental health issues and their families. Fortnightly facilitated session for young people aged between 13 to 24 years in Axminster, Ottery St Mary and Sidmouth.

Young Carers - (03456 434435)

Young Carers supports families and young people where a young person is a 'young carer'. The young person does not have to be 'doing the caring' to benefit; applies where a parent, sibling or other significant adult living in the family home has a health issue that is ongoing and affects the life of the young person.

Young Minds Parent - Helpline - **(0808 802 5544)** or website; Parent helpline **(0808 802 5544)**. Young Minds is the UK's leading charity committed to improving the emotional wellbeing and mental health of children and young people. Free 9:30am-4:30pm.

YSmart - (0800121 4751)

Substance abuse advice. Support and advice for young people under 18, parents and families.

Sign post Plus - (0330 0245 321)

Provides information and advice to families with children with additional needs.

Pin Point Community services in Devon

Website providing details details of all support SOPPA across Devon. www.pinpointdevon.co.uk

Sid Valley Help https://www.sidvalleyhelp.co.uk/#!

Free and impartial signposting service for all types of health and care support and activities.

Coronavirus COVID-19 please visit our web page for a wide variety of information regarding help and support concerning Coronavirus including links to other organisations. https://www.sidmouthcollege.devon.sch.uk/