

# PE KS4 Reading List

## ***Fiction***

Crossover/ Booked/ Rebound trilogy – Kwame Alexander  
Running Full Tilt – Michael Currinder  
Slam – Nick Hornby  
Chariots of Fire – William John Weatherby  
Jamie Johnson Book Series – Dan Freedman  
The Blindside; evolution of a game – Michael Lewis

## ***Non-Fiction***

Born to Run – Christopher McDougall  
EPIC; the greatest sporting moments – Simon Barnes  
Friday Night Lights – Buzz Bissinger  
Peter Crouch; How to be a footballer – Peter Crouch  
Shoe Dog; A memoir by the creator of NIKE – Phil Knight  
Taking Flight; From War Orphan to Star Ballerina – Michaela DePrince & Elaine DePrince  
The Secret Race – Tyler Hamilton  
Women In Sport; 50 Fearless Athletes Who Played To Win – Rachel Igotofsky  
Why We Kneel, How We Rise – Michael Holding  
Doddie's Diary; The high's, the low's & the laughter with my fight with MND

## ***Podcasts/ Video***

The High Performance Podcast – Jake Humphrey  
Brian Sutterer MD – sport injury YouTube channel  
The Last Dance – Netflix documentary  
Icarus – Netflix documentary  
All or Nothing – Amazon Prime series

## ***Support for GCSE PE and BTEC Sport qualifications***

**GCSE** - AQA GCSE (9-1) PE Second Edition - Ross Howitt and Mike Murray

**BTEC First (Yr 10-11)** - BTEC First in Sport Student Book - Mark Adams

**BTEC Level 3 (6th form)** BTEC Nationals Sport Student Book 1 + 2 (BTEC Nationals Sport 2016) - Adam Gledhill (Author), Richard Taylor (Author), Louise Sutton (Author)

