**Remote education Spring 2: Year 7 food and Nutrition**

**Your timetable will show you if you have a single or double lesson each week**

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| **Week commencing** | **Topic** | **How will the content be delivered?** | **What activities need to be completed?** |
| Monday 8th March | Single lesson: Food hygiene and SafetyDouble Lesson: make fruit saladInvestigating fruit worksheet | Instructions on pptVideo on pptInstructions on pptWorksheets  | List the blunders Upload photoEvaluation sheetFruit information worksheet |
| Monday 15th March | Single lesson:Eatwell GuideDouble Lesson:Make tomato soup | Instructions on pptFollow instructions on ppt. Taste and evaluate  | Complete diagram of Eatwell GuideCarry out Assessment – poster on meal linked to Eatwell GuidePhoto of tomato soupEvaluation of soup – www  |
| Monday 22nd March | Single lesson:Eatwell GuideDouble Lesson:Make tomato soup | Instructions on pptFollow instructions on ppt. Taste and evaluate  | Complete diagram of Eatwell GuideCarry out Assessment – poster on meal linked to Eatwell GuidePhoto of tomato soupEvaluation of soup – www  |
| Monday 29th March | Single lesson:5 a dayCroutonsDouble Lesson:Chicken nuggets | Follow instructions on ppt slide and create an information sheet about 5 a dayMake croutons and upload photo on SMHFollow instructions to make chicken nuggets  | Create Information sheet on 5 a DayPhoto of croutonsPhoto of chicken nuggetsKnowledge sheet on using chicken in cookery  |

***All resources to be found on P Drive – Remote Education Work – Year 7 – Food and Nutrition Spring Term***