PSHE Remote education

# Year 7

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| Week commencing | Topic | How will the new content be delivered? | What activities need to be completed? |
| Monday 2nd November and Monday 9th November  | **What keeps us healthy?**The benefits of exercise and sleep | Presentation | Mind MapSMH Quiz |
| Monday 16th November and Monday 23rd November | **What keeps us healthy?**A balanced diet | Presentation | SMH Quiz |
| Monday 30th November and Monday 7th December | **What keeps us healthy?**The importance of immunisation | Presentation | SMH Quiz |
| Monday 14th December | **What keeps us healthy?**Dental Hygiene | Presentation | Mind MaoSMH Quiz |

See resources on P Drive - P:\Remote Education Work\Year 7\PSHE