Remote education Spring 1

Subject: PSHE Key Stage 3 Year 7, 8 and 9

In PSHE this term students are learning about Relationships and Sex education; this work has been adapted for home learning and is not the same as the learning taking place in school.

**Resources can be found:**

Year 7 - P:\3 Remote Education Work\Year 7\PSHE\Spring Term 1

Year 8 - P:\3 Remote Education Work\Year 8\PSHE\Spring Term 1

Year 9 - P:\3 Remote Education Work\Year 9\PSHE\Spring Term 1

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| Week of lesson | Lesson title | Topic | How will the new content be delivered? | What activities need to be completed? |
| 5th Jan – 21st Jan | Lesson 1 - Growing and Changing  | Home Learning on Puberty | PPT and resources | Mind map and activities to be emailed to PSHE teacher |
| 24th Jan – 4th Feb | Lesson 2 – Our Special People | Home Learning on Relationships | PPT and resources | Mind map and activities to be emailed to PSHE teacher |
| 7th Feb – 18th Feb | Lesson 3 – Sleep Factor | Home Learning on Sleep health | PPT and resources | Mind map and activities to be emailed to PSHE teacher |