Remote education Spring 2

Subject: PSHE

Year Group: All

# Year 7 – What happens in puberty

## Lesson 2 – What are the changes to the body in puberty?

***Public Drive\Remote Education Work\Year 7\PSHE\Spring term 2 - What happens during puberty\Lesson 2 - what happens in puberty***

You are going to learn about the changes to the body, as well as the emotional changes that happen during puberty. We’ll also look at strategies to help you enjoy this time of your life and deal with any difficulties.

***Submission of completed worksheet***

## Lesson 3 – What is the menstrual cylce?

***Public Drive\Remote Education Work\Year 7\PSHE\Spring term 2 - What happens during puberty\lesson 3 - what is the menstrual cycle***

You are going to learn about the changes to the body, as well as the emotional changes that happen during puberty. We’ll also look at strategies to help you enjoy this time of your life and deal with any difficulties.

***Submission of completed worksheet***

# Year 8 – What is digital literacy?

## Lesson 2 – Online friendships

***Public Drive\Remote Education Work\Year 8\PSHE\Spring term 2 -What is digital literacy***

*Activity 1: Things that get shared online*

*Activity 2: Characteristics of good friendships online*

*Activity 3: Helping a friend*

***Submission – Activity 2***

## Lesson 3 – sharing and gaming

**Z:\My Files\Public Drive\Remote Education Work\Year 8\PSHE\Spring term 2 -What is digital literacy**

Activity 1: Online gaming

Activity 2: In-game chat

***Submission of mind map from Activity 2***

# Year 9 – which career might be for me?

## Lesson 2 – Decision making

***Public Drive\Remote Education Work\Year 9\PSHE\Spring term 2 - What career might be for me***

Task 1 – Complete questions on page 5

Task 2 – Your Network (complete page 6 and 7 this is to be submitted)

Extension (P2) – Interview someone from your network and complete page 8

***Completion of page 6 and 7 and submission of a photo/document***

## Lesson 3 – My Skills and qualities

***Public Drive\Remote Education Work\Year 9\PSHE\Spring term 2 - What career might be for me***

Task 1 – Complete ‘A week in my life’ on page 9 (this is to be submitted)

Task 2 – This is me (on page 10)

Extension (P2) – using the top 10 employability skills, design a plan on how you could improve at least 4.

***Completion of task 1 on page 9 and submission of photo/document***