Remote education Spring 1 2022 Subject: Food & NutritionYear Year 9

All resources on P drive – Remote Education Work – Year 9 – Food and Nutrition – Spring 2 2022

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| Week commencing | Topic | What activities need to be completed? |
| 28th Feb | Intro lesson  Dextrinization and caramelisation | Baseline test – complete this  Browning Reactions ppt – read and complete task |
| 7th March | Cauliflower cheese | Make cauliflower cheese |
| 14th March | gelatinisation | What is gelatinisation and how does it relate to the cauliflower cheese? |
| 21st March | Cereals as a commodity | What are cereals and how do we use them in cookery |
| 28th March | Chow mein | Make a chow mein to illustrate gelatinisation and use of cereals in cookery |
| 4th April | Focaccia bread | Make focaccia – demonstrating dextrinization |