

Year 10 Core Physical Education Curriculum

10P GCSE side Activity Map			1 5 Sept to 18th Oct	2 20th Oct to 29th Nov	3 2nd Dec to 17th Jan	4 20th Jan to 28th Feb	5 2nd Mar to 24th Apr	6 27th Apr to 5th Jun	7 8th June to 17th Jul
Week 1 Monday 5; Week 2 Monday 4 & Thursday 3	10P/Pe1 Girls SO	Activity/Staff Location Changing facility	Hockey Astro Sports hall	Netball Courts Gym changing rooms	Spinning sports hall balcony Sports hall	Trampolining Sports hall Sports hall	Training Programme Fitness suite Sports hall	Athletics Field Sports hall	Badminton sports hall Sports hall
	10P/Pe2 Mixed BW (MHY)	Activity/Staff Location Changing facility	Training Programme Fitness suite Sports hall	Boxercise Gym Gym changing rooms	Trampolining Sports hall Sports hall	Spinning sports hall balcony Sports hall	Handball Astro Sports hall	Badminton Sports hall Sports hall	striking and fielding field Sports hall
	10P/Pe3 Boys RJP	Activity/Staff Location Changing facility	Rugby Field Gym	Football Field/Astro Gym changing rooms	Training Programme Fitness suite Sports hall	Handball Astro sports hall balcony	Badminton Sports hall sport hall	Athletics Field Sports hall	Spinning sports hall balcony Sports hall
	10R/Pe4 Boys JIH	Activity/Staff Location Changing facility	Badminton Sports hall Sports hall changing	Basketball Sports hall Sports hall changing	Handball Astro Sports hall	Training Programme Fitness suite Sports hall	Spinning sports hall balcony Sports hall	striking and fielding Field Sports hall	Circuit Training gym Gym changing room
Learning Habits focus			Social		Emotional		Thinking		Strategic

10R Activity Map			1 5 Sept to 18th Oct	2 20th Oct to 29th Nov	3 2nd Dec to 17th Jan	4 20th Jan to 28th Feb	5 2nd Mar to 24th Apr	6 27th Apr to 5th Jun	7 8th June to 17th Jul
Week 1 Tuesday 2; Week 2 Monday 5 and Tuesday 2	10R/Pe1 Girls SO	Activity/Staff Location Changing facility	Spinning sports hall balcony Sports hall	Netball sports hall balcony Sports hall	Badminton sports hall balcony Sports hall	Trampolining Sports hall Sports hall	Training Programme Fitness suits Sports hall	striking and fielding Field Sports hall	Volleyball Sports hall Sports hall
	10R/Pe2 Boys RJP	Activity/Staff Location Changing facility	Basketball Sports hall sport hall	Training Programme Fitness suits Sports hall	Spinning sports hall balcony Sports hall	Football Astro Sports hall	Badminton Sports hall Sports hall	Volleyball Sports hall sport hall	Striking & Fielding Field Sports hall
Learning Habits focus			Social		Emotional		Thinking		Strategic